45 Rhythm Tips for Maturing Beginners

**Must teach:** Eighth, quarter, half, dotted-half, whole notes & FOOT TAP

Next:
Dotted quarter/eighth
Straight sixteenths - shows them the beat can be divided my more than 2
Syncopation - must tap foot

Then as time allows:
Eighth/sixteenth combinations
6/8 time with compound foot tap (just try it! - article in shownotes)

#1 Rhythmic Dictation
Dictate 1-8 beats at a time (more is tougher)
For “uneven” rhythms, do 2 beats if needed and ask questions
Students can also compose rhythms

#2 Counting Outside the Box
Count down the page or up the page (m. 1,5,9,13 or 13,9,5,1)
Count backwards (m. 8,7,6,5,4,3,2,1)
Students change from 4/4 to 3/4 to 2/4 easily
Play rhythm relay - student A counts m.1, student B m.2, etc without stops
Article in show notes

#3 Rhythm Envelope Game
Give them 8 cards with different 4-8 beat rhythms
You count, they choose correct card
Article in show notes

#4 Change up other games (Episode 44) to use all rhythm
#5 Conducting - Start thinking in full measures and feel 4/4 vs. 3/4
#6 Mixed meter - for fun with older students

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